

## Rest of the World

### Day 0 PCR test: No requirement to self-isolate

- Akrotiri and Dhekelia (Sovereign Base Areas on Cyprus on Cyprus)
- Anguilla
- Antigua and Barbuda
- Ascension and Tristan da Cunha
- Barbados
- Bermuda
- Bonaire
- British Antarctic Territory
- British Indian Ocean Territory
- Canada
- Cayman Islands
- Curaçao
- Cyprus
- Dominica
- Estonia
- Falkland Islands
- Fiji
- Finland
- Germany
- Greenland
- Grenada
- Guadeloupe
- Guernsey and all other Channel Islands
- Hong Kong

## Rest of the World (Print date: 1<sup>st</sup> September 2020)

- Hungary
- Italy
- Jamaica
- Japan
- La Gomera (Canary Islands)
- La Graciosa (Canary Islands)
- La Palma (Canary Islands)
- Latvia
- Lithuania
- Macao (Macau)
- Madeira (but not mainland Portugal)
- Mauritius
- Montserrat
- New Caledonia
- New Zealand
- Norway
- Pitcairn Islands
- Reunion
- Saint Helena
- Slovakia
- Slovenia
- South Georgia and the South Sandwich Islands
- South Korea
- St Barthélemy
- St Eustatius and Saba
- St Kitts and Nevis
- St Lucia
- St Pierre and Miquelon
- Taiwan
- Turkey
- UK (England, Scotland, Wales, Northern Ireland)
- Vatican City State
- Vietnam

## UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 PCR test: No requirement to self-isolate

- Aberdeenshire, Scotland
- Ards and North Down, Northern Ireland
- Argyll and Bute, Scotland
- Armagh City, Banbridge and Craigavon, Northern Ireland
- Barnet, London, England
- Barnsley, Yorkshire and The Humber, England
- Bath and North East Somerset, South West, England
- Bedford, East of England, England
- Bexley, London, England
- Blackpool, North West, England
- Blaenau Gwent, Wales
- Bournemouth, Christchurch and Poole, South West, England
- Bracknell Forest, South East, England
- Brent, London, England
- Bridgend, Wales
- Brighton and Hove, South East, England
- Bristol, City of, South West, England
- Bromley, London, England
- Buckinghamshire, South East, England
- Caerphilly, Wales
- Cambridgeshire, East of England, England
- Camden, London, England
- Carmarthenshire, Wales
- Cavan, Ireland
- Central Bedfordshire, East of England, England
- Ceredigion, Wales
- Cheshire East, North West, England
- Cheshire West and Chester, North West, England
- City of Edinburgh, Scotland
- City of London, London, England
- Clackmannanshire, Scotland
- Conwy, Wales
- Cork, Ireland
- Cornwall and Isles of Scilly, South West, England
- County Durham, North East, England
- Croydon, London, England
- Cumbria, North West, England
- Darlington, North East, England

## UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 PCR test: No requirement to self-isolate

- Denbighshire, Wales
- Derby, East Midlands, England
- Derbyshire, East Midlands, England
- Devon, South West, England
- Doncaster, Yorkshire and The Humber, England
- Donegal, Ireland
- Dorset, South West, England
- Dudley, West Midlands, England
- Dumfries and Galloway, Scotland
- East Ayrshire, Scotland
- East Dunbartonshire, Scotland
- East Lothian, Scotland
- East Renfrewshire, Scotland
- East Riding of Yorkshire, Yorkshire and The Humber, England
- East Sussex, South East, England
- Enfield, London, England
- Essex, East of England, England
- Falkirk, Scotland
- Fermanagh and Omagh, Northern Ireland
- Fife, Scotland
- Flintshire, Wales
- Galway, Ireland
- Gateshead, North East, England
- Glasgow City, Scotland
- Gloucestershire, South West, England
- Greenwich, London, England
- Gwynedd, Wales
- Halton, North West, England
- Hampshire, South East, England
- Haringey, London, England
- Harrow, London, England
- Hartlepool, North East, England
- Havering, London, England
- Herefordshire, County of, West Midlands, England
- Hertfordshire, East of England, England
- Highland, Scotland
- Hillingdon, London, England

## UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 PCR test: No requirement to self-isolate

- Hounslow, London, England
- Inverclyde, Scotland
- Isle of Anglesey, Wales
- Isle of Wight, South East, England
- Islington, London, England
- Kensington and Chelsea, London, England
- Kent, South East, England
- Kerry, Ireland
- Kingston upon Hull, City of, Yorkshire and The Humber, England
- Kingston upon Thames, London, England
- Knowsley, North West, England
- Leicestershire, East Midlands, England
- Leitrim, Ireland
- Lewisham, London, England
- Lincolnshire, East Midlands, England
- Longford, Ireland
- Louth, Ireland
- Luton, East of England, England
- Mayo, Ireland
- Meath, Ireland
- Medway, South East, England
- Merthyr Tydfil, Wales
- Merton, London, England
- Mid Ulster, Northern Ireland
- Midlothian, Scotland
- Milton Keynes, South East, England
- Monaghan, Ireland
- Monmouthshire, Wales
- Moray, Scotland
- Na h-Eileanan Siar, Scotland
- Neath Port Talbot, Wales
- Newham, London, England
- Newport, Wales
- Newry, Mourne and Down, Northern Ireland
- Norfolk, East of England, England
- North Ayrshire, Scotland
- North East Lincolnshire, Yorkshire and The Humber, England
- North Lanarkshire, Scotland

## UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 PCR test: No requirement to self-isolate

- North Lincolnshire, Yorkshire and The Humber, England
- North Somerset, South West, England
- North Tyneside, North East, England
- North Yorkshire, Yorkshire and The Humber, England
- Northumberland, North East, England
- Nottingham, East Midlands, England
- Nottinghamshire, East Midlands, England
- Orkney Islands, Scotland
- Oxfordshire, South East, England
- Pembrokeshire, Wales
- Plymouth, South West, England
- Portsmouth, South East, England
- Powys, Wales
- Reading, South East, England
- Redbridge, London, England
- Redcar and Cleveland, North East, England
- Renfrewshire, Scotland
- Rhondda Cynon Taf, Wales
- Roscommon, Ireland
- Rotherham, Yorkshire and The Humber, England
- Rutland, East Midlands, England
- Scottish Borders, Scotland
- Sefton, North West, England
- Sheffield, Yorkshire and The Humber, England
- Shetland Islands, Scotland
- Shropshire, West Midlands, England
- Sligo, Ireland
- Slough, South East, England
- Solihull, West Midlands, England
- Somerset, South West, England
- South Ayrshire, Scotland
- South Gloucestershire, South West, England
- South Lanarkshire, Scotland
- South Tyneside, North East, England
- Southampton, South East, England
- Southend-on-Sea, East of England, England
- St. Helens, North West, England
- Staffordshire, West Midlands, England

**UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)**

**Day 0 PCR test: No requirement to self-isolate**

- Stirling, Scotland
- Stockport, North West, England
- Stockton-on-Tees, North East, England
- Suffolk, East of England, England
- Sunderland, North East, England
- Surrey, South East, England
- Sutton, London, England
- Swansea, Wales
- Telford and Wrekin, West Midlands, England
- Thurrock, East of England, England
- Torbay, South West, England
- Torfaen, Wales
- Tower Hamlets, London, England
- Vale of Glamorgan, Wales
- Walsall, West Midlands, England
- Waltham Forest, London, England
- Warrington, North West, England
- Warwickshire, West Midlands, England

**UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)**

**Day 0 PCR test: No requirement to self-isolate**

- Waterford, Ireland
- West Berkshire, South East, England
- West Dunbartonshire, Scotland
- West Lothian, Scotland
- West Sussex, South East, England
- Westmeath, Ireland
- Westminster, London, England
- Wexford, Ireland
- Wicklow, Ireland
- Wigan, North West, England
- Wiltshire, South West, England
- Wirral, North West, England
- Wokingham, South East, England
- Worcestershire, West Midlands, England
- Wrexham, Wales
- York, Yorkshire and The Humber, England

## France (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 PCR test: No requirement to self-isolate

- Aisne, Hauts-de-France, France
- Allier, Auvergne - Rhône - Alpes, France
- Ardèche, Auvergne - Rhône - Alpes, France
- Ardennes, Grand Est, France
- Ariège, Occitanie, France
- Aveyron, Occitanie, France
- Calvados, Normandie, France
- Cantal, Auvergne - Rhône - Alpes, France
- Charente, Nouvelle-Aquitaine, France
- Charente-Maritime, Nouvelle-Aquitaine, France
- Cher, Centre - Val de Loire, France
- Corrèze, Nouvelle-Aquitaine, France
- Corse-du-Sud, Corse, France
- Côtes-d'Armor, Bretagne, France
- Deux-Sèvres, Nouvelle-Aquitaine, France
- Dordogne, Nouvelle-Aquitaine, France
- Eure, Normandie, France
- Haute-Corse, Corse, France
- Haute-Loire, Auvergne - Rhône - Alpes, France
- Haute-Marne, Grand Est, France
- Haute-Saône, Bourgogne - Franche-Comté, France
- Haute-Vienne, Nouvelle-Aquitaine, France

## France (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 PCR test: No requirement to self-isolate

- Indre, Centre - Val de Loire, France
- Jura, Bourgogne - Franche-Comté, France
- Landes, Nouvelle-Aquitaine, France
- Lot, Occitanie, France
- Lozère, Occitanie, France
- Manche, Normandie, France
- Meuse, Grand Est, France
- Morbihan, Bretagne, France
- Nièvre, Bourgogne - Franche-Comté, France
- Orne, Normandie, France
- Pas-de-Calais, Hauts-de-France, France
- Pyrénées-Orientales, Occitanie, France
- Saint Barthelemy, Saint Barthelemy, France
- Saint Pierre et Miquelon, Saint Pierre et Miquelon, France
- Saône-et-Loire, Bourgogne - Franche-Comté, France
- Savoie, Auvergne - Rhône - Alpes, France
- Somme, Hauts-de-France, France
- Vendée, Pays de la Loire, France
- Vosges, Grand Est, France
- Yonne, Bourgogne - Franche-Comté, France

## Rest of the World

### Day 0 and Day 5 PCR test: Self isolation until a second negative test result

- Afghanistan
- Albania
- Algeria
- Angola
- Austria
- Australia
- Azerbaijan
- Bangladesh
- Belarus
- Belgium
- Benin
- Bhutan
- Botswana
- British Virgin Islands
- Brunei Darussalam
- Bulgaria
- Burkina Faso
- Burundi
- Cambodia
- Cameroon
- Central African Republic
- Chad
- China
- Comoros
- Congo
- Cook Islands
- Côte d'Ivoire
- Croatia
- Cuba
- Czech Republic
- Democratic Republic of the Congo
- Denmark
- Djibouti
- Ecuador
- Egypt
- El Salvador
- Eritrea
- Ethiopia

## Rest of the World

### Day 0 and Day 5 PCR test: Self isolation until a second negative test result

- Fuerteventura (Canary Islands)
- French Polynesia
- Gabon
- Gambia
- Georgia
- Ghana
- Greece
- Guatemala
- Guinea
- Guinea-Bissau
- Guyana
- Haiti
- Honduras
- Iceland
- India
- Indonesia
- Iran
- Jordan
- Kenya
- Kingdom of Eswatini
- Kiribati
- Lao
- Lebanon
- Liechtenstein
- Lesotho
- Liberia
- Libya
- Madagascar
- Malawi
- Malaysia
- Mali
- Marshall Islands
- Mauritania
- Melanesia
- Mexico
- Micronesia
- Monaco
- Mongolia
- Morocco
- Mozambique
- Myanmar
- Thailand

- Namibia
- Nauru
- Nepal
- Nicaragua
- Niger
- Nigeria
- North Korea
- North Macedonia
- Pakistan
- Palau
- Papua New Guinea
- Paraguay
- Philippines
- Poland
- Polynesia
- Portugal
- Republic of Ireland
- Romania
- Russia
- Rwanda
- Saint Vincent and the Grenadines
- San Marino
- Samoa
- Sao Tome and Principe
- Saudi Arabia
- Senegal
- Serbia
- Seychelles
- Sierra Leone
- Singapore
- Solomon Islands
- Somalia
- South Sudan
- Sri Lanka
- Sudan
- Sweden
- Switzerland
- Syrian Arab Republic
- Tajikistan
- Tanzania
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- The Netherlands
- Tenerife (Canary Islands)
- Timor-Leste
- Togo
- Tonga
- Trinidad and Tobago
- Tunisia
- Tuvalu
- Uganda
- Ukraine
- United Arab Emirates
- Uruguay
- Uzbekistan
- Vanuatu
- Venezuela
- Yemen
- Zambia
- Zimbabwe

## UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 and Day 5 PCR test: Self isolation until a second negative test result

- Aberdeen City, Scotland
- Angus, Scotland
- Antrim and Newtownabbey, Northern Ireland
- Barking and Dagenham, London, England
- Belfast, Northern Ireland
- Birmingham, West Midlands, England
- Blackburn with Darwen, North West, England
- Bolton, North West, England
- Bradford, Yorkshire and The Humber, England
- Bury, North West, England
- Calderdale, Yorkshire and The Humber, England
- Cardiff, Wales
- Carlow, Ireland
- Causeway Coast and Glens, Northern Ireland
- Clare, Ireland
- Coventry, West Midlands, England
- Derry City and Strabane, Northern Ireland
- Dublin, Ireland
- Dundee City, Scotland
- Ealing, London, England
- Hackney, London, England
- Hammersmith and Fulham, London, England
- Kilkenny, Ireland
- Lancashire, North West, England
- Laois, Ireland
- Leeds, Yorkshire and The Humber, England
- Leicester, East Midlands, England
- Limerick, Ireland
- Lisburn and Castlereagh, Northern Ireland
- Liverpool, North West, England
- Manchester, North West, England
- Middlesbrough, North East, England
- Newcastle upon Tyne, North East, England
- Northamptonshire, East Midlands, England
- Oldham, North West, England

## UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 and Day 5 PCR test: Self isolation until a second negative test result

- Perth and Kinross, Scotland
- Peterborough, East of England, England
- Republic of Ireland
- Richmond upon Thames, London, England
- Rochdale, North West, England
- Salford, North West, England
- Sandwell, West Midlands, England
- Southwark, London, England
- Stoke-on-Trent, West Midlands, England
- Swindon, South West, England
- Tameside, North West, England
- Tipperary, Ireland
- Trafford, North West, England
- Wakefield, Yorkshire and The Humber, England
- Wandsworth, London, England
- Windsor and Maidenhead, South East, England
- Wolverhampton, West Midlands, England

## France (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 and Day 5 PCR test: Self isolation until a second negative test result

- Ain, Auvergne - Rhône - Alpes, France
- Alpes-de-Haute-Provence, Provence - Alpes - Côte d'Azur, France
- Aube, Grand Est, France
- Aude, Occitanie, France
- Bas-Rhin, Grand Est, France
- Côte d'Ivoire, France
- Côte-d'Or, Bourgogne - Franche-Comté, France
- Creuse, Nouvelle-Aquitaine, France
- Doubs, Bourgogne - Franche-Comté, France
- Drôme, Auvergne - Rhône - Alpes, France
- Essonne, Île-de-France, France
- Eure-et-Loir, Centre - Val de Loire, France
- Finistère, Bretagne, France
- Gard, Occitanie, France
- Gers, Occitanie, France
- Gironde, Nouvelle-Aquitaine, France
- Guadeloupe , Guadeloupe , France
- Haute-Garonne, Occitanie, France
- Hautes-Alpes, Provence - Alpes - Côte d'Azur, France
- Haute-Savoie, Auvergne - Rhône - Alpes, France
- Hautes-Pyrénées, Occitanie, France
- Haut-Rhin, Grand Est, France
- Hauts-de-Seine, Île-de-France, France
- Ille-et-Vilaine, Bretagne, France
- Indre-et-Loire, Centre - Val de Loire, France
- Isère, Auvergne - Rhône - Alpes, France
- La Réunion, La Réunion, France
- Loire, Auvergne - Rhône - Alpes, France
- Loire-Atlantique, Pays de la Loire, France
- Loiret, Centre - Val de Loire, France
- Loir-et-Cher, Centre - Val de Loire, France
- Lot-et-Garonne, Nouvelle-Aquitaine, France
- Maine-et-Loire, Pays de la Loire, France
- Marne, Grand Est, France

## France (00:01 Wednesday 2<sup>nd</sup> Sept)

### Day 0 and Day 5 PCR test: Self isolation until a second negative test result

- Martinique , Martinique , France
- Mayenne, Pays de la Loire, France
- Mayotte, Mayotte, France
- Meurthe-et-Moselle, Grand Est, France
- Moselle, Grand Est, France
- Nord, Hauts-de-France, France
- Oise, Hauts-de-France, France
- Puy-de-Dôme, Auvergne - Rhône - Alpes, France
- Pyrénées-Atlantiques, Nouvelle-Aquitaine, France
- Rhône, Auvergne - Rhône - Alpes, France
- Seine-et-Marne, Île-de-France, France
- Seine-Maritime, Normandie, France
- Tarn, Occitanie, France
- Tarn-et-Garonne, Occitanie, France
- Territoire de Belfort, Bourgogne - Franche-Comté, France
- Val-d'Oise, Île-de-France, France
- Var, Provence - Alpes - Côte d'Azur, France
- Vaucluse, Provence - Alpes - Côte d'Azur, France
- Vienne, Nouvelle-Aquitaine, France
- Vienne, Nouvelle-Aquitaine, France
- Yvelines, Île-de-France, France

## Rest of the World

### Day 0 PCR test: Mandatory 14 day self-isolation

- Andorra
- Argentina
- Armenia
- Aruba
- Bahamas
- Bahrain
- Balearic Islands (Mallorca, Menorca, Ibiza & Formentera)
- Belize
- Bolivia
- Bosnia and Herzegovina
- Brazil
- Cape Verde
- Chile
- Colombia
- Costa Rica
- Dominican Republic
- Equatorial Guinea
- Faroe Islands
- Gibraltar
- Gran Canaria (Canary Islands)
- Iraq
- Israel
- Kazakhstan
- Kosovo
- Kuwait
- Kyrgyzstan
- Lanzarote (Canary Islands)

## Rest of the World

### Day 0 PCR test: Mandatory 14 day self-isolation

- Luxembourg
- Maldives
- Malta
- Moldova
- Montenegro
- Oman
- Palestine
- Panama
- Peru
- Puerto Rico
- Qatar
- Sint Maarten
- South Africa
- Spain
- Suriname
- Turkmenistan
- Turks and Caicos Islands
- United States of America

**UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)**

**Day 0 PCR test: Mandatory 14 day self-isolation**

- Kildare, Ireland
- Mid and East Antrim, Northern Ireland

**UK/Scotland/Wales/Ireland (00:01 Wednesday 2<sup>nd</sup> Sept)**

**France (00:01 Wednesday 2<sup>nd</sup> Sept)**

**Day 0 PCR test: Mandatory 14 day self-isolation**

- Alpes-Maritimes, Provence - Alpes - Côte d'Azur, France
- Bouches-du-Rhône, Provence - Alpes - Côte d'Azur, France
- Guyane, Guyane, France
- Hérault, Occitanie, France
- Paris, Île-de-France, France
- Saint Martin, Saint Martin, France
- Sarthe, Pays de la Loire, France
- Seine-Saint-Denis, Île-de-France, France
- Val-de-Marne, Île-de-France, France

**France (00:01 Wednesday 2<sup>nd</sup> Sept)**

**Day 0 PCR test: Mandatory 14 day self-isolation**