

DISTRESS TRANSMITTING PROCEDURE

For use only when in grave and imminent DANGER and IMMEDIATE ASSISTANCE is required.

Switch on transmitter, set to Ch 16 and select 25W (if applicable)

Then say:

```

" MAYDAY, MAYDAY, MAYDAY,
THIS IS... (Boat Name) ... (Boat Name) ...
(Boat Name)

MAYDAY... (Boat Name)"

POSITION - - - - -

NATURE OF DISTRESS - - - - -

ASSISTANCE REQUIRED - - - - -

NUMBER OF PERSONS ON BOARD - - - - -

OTHER USEFUL INFORMATION - - - - -

END TRANSMISSION WITH "OVER"
    
```

Listen for a reply; if none heard REPEAT the above procedure.

Jersey Coastguard maintains continuous watch on:

VHF Ch 16 (Distress & Calling)
VHF Ch 82 (Working Channel)

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VHF - WEATHER

SOURCE & TIMES
Jersey Coastguard vhf ch 25 & 82

Weather: 0645, 0745, 0845, 1245, 1845 & 2245

Wind warnings: 0307, 0907, 1507 & 2107

Nav warnings: 0433, 0833, 1633 & 2033

*Times in yellow local time, otherwise UTC

Wind @ St Helier pier heads CH 18 every 2 mins

SPEED OF SYSTEMS

Moving slowly <15 kts
Moving steadily 15 – 25 kts
Moving rather quickly 25 – 35 kts
Moving rapidly 35 – 45 kts
Moving very rapidly >45 kts

TIME

Imminent <6 hrs
Soon 6 – 12 hrs
Later >12 hrs

WIND

Strong wind warning (f6) valid for 12 hrs
Gale warning (f8) valid until cancelled.

PRESSURE (pertains to 3 hrs before forecast)

Steady <0.1 millibars
Rising/falling slowly 0.1 – 1.5
Rising/falling 1.6 – 3.5
Rising/falling quickly 3.6 – 6.0
Rising/falling very quickly >6.0

SEA STATE (in meters)

Calm <0.10 m
Smooth 0.10 – 0.50
Slight 0.50 – 1.2
Moderate 1.25 – 2.505
Rough 2.50 – 4.00
Very rough 4.00 – 6.00
High 6.00 – 9.00
Very high 9.00 – 14.0
Phenomenal >14.0 m

VISIBILITY

Fog <1000 meters
Poor 1000 m – 2 miles
Moderate 2 – 5 miles
Good > 5 miles

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